



# NEWS BULLETIN

## STRENGTHENING MINDS AND BODIES: GCU WELLNESS CENTRE INAUGURATION MARKS A MILESTONE IN COMMUNITY HEALTH



AZARA, September 11: The inauguration ceremony of the much-anticipated “GCU Wellness Centre” was held on 9th September at the Girijananda Chowdhury University university campus. Mr. Mahadev Deka, former Musclemania world champion, as the Chief Guest and Dr. D.K. Talukdar, Senior Physiotherapist, as Guest of Honor graced the occasion. The welcome address was delivered by Dr. Vidhya Srinivasan, Professor & Head, School of Allied Health Sciences.

The event began with a warm welcome speech by Vice-Chancellor Prof. Kandarpa Das, who highlighted the significance of the Wellness Centre in promoting physical, mental and emotional well-being. The Vice-Chancellor also emphasized how the centre aims to provide holistic health services to the community.



Honoring Excellence: Dr. D.K. Talukdar and Mr. Mahadev Deka felicitated for their inspiring contributions to wellness and fitness.



Vice Chancellor Prof. Kandarpa Das and Dr. Vidhya Srinivasan extends a warm welcome, setting the tone for an inspiring event.



Students attentively immerse in insightful talks.



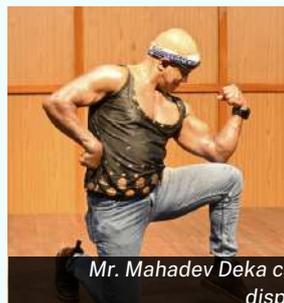
Chancellor Prof. Jayanta Deka shares the visionary goals and services of the new Wellness Centre.



Chief Guest Mr. Mahadev Deka applauds the Wellness Centre's holistic health services during his inspiring keynote address.

The Chancellor Prof. Jayanta Deka spoke about the vision behind the centre and the services it aims to provide. He gave an insight on the benefits of holistic health approaches and how wellness centers like this one can play a pivotal role in improving quality of life for the community. The Chancellor also emphasized how the wellness centre shall allow people outside the university to avail of the services offered by the Wellness Centre.

The Chief Guest Mr. Mahadev Deka, former Musclemania world champion, delivered a keynote address where he praised the initiative for offering a range of wellness programs and services such as medical consultation, Physiotherapy services, diagnostic labs, counseling centre and pharmacy. Mr. Deka also highlighted the importance of mental and emotional well-being in today's fast-paced life. Mr. Mahadev Deka finished his speech by performing a set of bodybuilder poses for an enthralled audience.



Mr. Mahadev Deka captivates the audience with an impressive display of bodybuilding poses



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The Guest of Honor, Dr. D.K. Talukdar (PT), subsequently addressed the gathering. He shared valuable insights on the crucial service offered by physiotherapists and highlighted the importance of a healthier and balanced life. He recounted anecdotes from his professional journey, inspiring many in the audience.

After the speech, the Chief Guest along with the distinguished Guest of Honour proceeded for the inauguration ceremony. The Chief Guest, Mr. Mahadev Deka along with Dr. D.K. Talukdar, and other distinguished guests, cut the ribbon to officially inaugurate the Wellness Centre, symbolizing the beginning of a new era in community wellness. Attendees were given a guided tour of the Wellness Centre. The Chief Guest and distinguished Guest of Honour expressed appreciation for the infrastructure and the calming, inviting ambience of the centre. Other attendees also underscored their enthusiasm for the Wellness Centre and the positive impact it is expected to have on the community.

Overall, the inauguration of the Wellness Centre was a great success, marked by high energy, thoughtful speeches, and an inspiring atmosphere. The centre promises to be a beacon of health and wellness in the community for years to come.



*Glimpses of inauguration of the Wellness Centre, led by distinguished guests.*



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## EMPOWERING MINDS FOR CLEANER AIR: GCU STUDENTS AT THE SWACHH VAYU DIWAS EVENT



AZARA, September 11: On 7th September 2024, students from Girijananda Chowdhury University participated in a Seminar cum Awareness Meet on Swachh Vayu Diwas at NEDFi House, Guwahati. The event was organized by the Board of Pollution Control, Assam to celebrate the International Day of Clean Air for Blue Skies 2024. The students engaged deeply in the discussions on air quality management and environmental emergency response systems, showcasing their commitment to addressing environmental issues. The seminar, inaugurated by Dr. Arup Kumar Misra, Chairman of the Pollution Control Board, Assam, aimed at addressing environmental emergency response systems under the National Clean Air Programme (NCAP). Dr. Misra delivered a lecture on air quality management in Assam, using live examples to illustrate his points. Dr. Sharad Gokhale from IIT Guwahati spoke on NCAP studies covering Guwahati, Nalbari, Nagaon, Silchar, and Sivasagar, focusing on emission inventory, road dust, source apportionment, and emission reduction strategies. Dr. Binoy Kumar Saikia from CSIR-NEIST presented research on the toxicity of black crusts from historical monuments in Sivasagar. Dr. Raza R. Haque from Tezpur University discussed biomass and organic pollutants' impact on air quality. Dr. Vihangraj Kulkarni of NIT Silchar highlighted the need to shift from tool-centric to problem-centric science, emphasising the role of tools like GIS and independent knowledge systems in tackling real-world problems. The event highlighted the Pollution Control Board's ongoing air quality monitoring project in Guwahati, Nagaon, Sivasagar, and Nalbari districts. Meals, including breakfast, lunch, and evening tea, were provided, ensuring a comfortable environment for participants. Media personnel and Pollution Control Board members were also in attendance. The seminar raised awareness and fostered discussions on strategies for cleaner air under the NCAP.



The auspicious lamp lighting ceremony.



Dr. Arup Kr. Misra (left) and Dr. Rahul Mahanta (right) addressing the audience.



Jyotirmoy Kalita of GCU actively engages in a dynamic interactive session.



Students of GCU with Dr. Arup Kr. Misra.