



OFFICE OF THE NATIONAL SERVICE SCHEME (NSS)

Girijananda Chowdhury University

Email: nss_gcu@gcuniversity.ac.in | Phone: 9085923614



7-DAY NSS SPECIAL CAMP – UNIT 1

Theme: “Promoting Hygiene, Healthcare and Awareness for a Resilient Tomorrow”

Duration: 23rd March 2026 to 29th March 2026

Venue: Borjhar Village, Borjhar, Kamrup, Assam

1. Introduction

The National Service Scheme (NSS), Unit 1 of **Girijananda Chowdhury University, Assam**, successfully organized a **7-Day Special Camp** from **23rd March to 29th March 2026** at **Borjhar Village, Borjhar, Kamrup, Assam**.

The Special Camp was organized with the theme “**Promoting Hygiene, Healthcare and Awareness for a Resilient Tomorrow.**” The camp aimed to promote community engagement, social responsibility, health awareness, civic consciousness, creativity, teamwork and leadership among NSS volunteers while addressing various issues relevant to the local community.

Throughout the seven-day camp, a series of awareness programmes, field surveys, health-related activities, competitions and community service initiatives were conducted with active participation from NSS volunteers.

2. Objectives of the Special Camp

The major objectives of the Special Camp were:

- To promote social responsibility and community participation among NSS volunteers.
- To create awareness regarding health, hygiene and healthy lifestyle practices.
- To sensitize youth and the community about the harmful effects of substance abuse.
- To promote awareness regarding voting rights and democratic participation.
- To encourage responsible use of digital devices and promote digital well-being.
- To assess local community infrastructure through field-based activities.
- To provide basic health awareness and healthcare support to the local community.
- To encourage creativity and participation among school children.
- To promote cleanliness and environmental responsibility.
- To develop leadership, teamwork and civic responsibility among NSS volunteers.

3. Day-Wise Activities

- **Day 1 – 23rd March 2026: Awareness Programme on Substance Abuse**

The first day of the NSS Special Camp featured an **Awareness Programme on Substance Abuse**, organized in connection with the **5th Anniversary of the Nasha Mukh Bharat Abhiyan**.



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The programme focused on the harmful effects of **drugs, alcohol and smoking**. The session also emphasized the importance of mental health awareness and making responsible and healthy choices.

The programme concluded with a **pledge for a healthy lifestyle**, encouraging participants to adopt healthy habits and contribute towards building a substance-free society.

Day 2 – 24th March 2026: Field Survey on Electricity Availability and Reliability

On the second day, NSS Unit 1 conducted a **field survey in Borjhar Village, Kamrup**, to assess the availability and reliability of electricity in the local area.

NSS volunteers collected information related to:

- Availability of electricity supply
- Frequency of power outages
- Voltage-related issues
- Reliability of the electricity supply
- Availability of alternative sources of electricity

The activity provided volunteers with practical exposure to community-level field surveys and helped them understand some of the local infrastructure-related challenges faced by residents.

Day 3 – 25th March 2026: Voting Rights Awareness Programme

The third day of the Special Camp focused on **awareness regarding voting rights**.

NSS volunteers delivered speeches highlighting the **importance of voting** and the significant role played by young citizens in strengthening democratic processes.

The programme aimed to encourage responsible citizenship and create awareness among the community regarding the importance of active participation in democracy.

Day 4 – 26th March 2026: Digital Detox Awareness Programme

On the fourth day, NSS Unit 1 organized a **Digital Detox Awareness Session** focusing on the effects of excessive screen usage.

The session highlighted the importance of maintaining a healthy balance in the use of digital devices. Volunteers were also encouraged to understand the challenges associated with excessive screen time.

As part of the activity, students participated in a **30-minute silent digital detox activity**. The activity provided participants with an opportunity to temporarily disconnect from digital devices and experience both the challenges and the sense of accomplishment associated with reducing screen usage.



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Day 5 – 27th March 2026: Health Camp

On the fifth day, NSS Unit 1 organized a **Health Camp at 100th Borjhar Primary School, Borjhar**, in collaboration with the **School of Allied Health Sciences, Girijananda Chowdhury University, Assam**.

NSS volunteers were accompanied by students and faculty members from the Department of Allied Health Sciences.

The Health Camp provided members of the local community with:

- Health check-ups
- Therapies
- Medical advice
- Health-related awareness

The programme contributed to promoting health awareness among the local community and provided volunteers with valuable exposure to community-based healthcare activities.

Day 6 – 28th March 2026: Painting and Storytelling Competitions

The sixth day of the Special Camp focused on engaging children through **painting and storytelling competitions** at **100th Borjhar Primary School, Borjhar**.

The activities were organized to encourage **creativity, expression and awareness among school children**.

The day concluded with a **prize distribution programme**, recognizing the participation and performance of the children.

A joyful **bonfire session** was also organized, which helped foster bonding, teamwork and a sense of togetherness among the volunteers.

Day 7 – 29th March 2026: Cleanliness Drive and Valedictory Conclusion

The seventh and final day of the Special Camp featured a **cleanliness drive**.

NSS volunteers actively participated in cleaning the surroundings and promoted the importance of maintaining a clean and healthy environment.

The cleanliness activity brought the seven-day Special Camp to a successful conclusion. The overall camp reflected the values of **teamwork, responsibility, leadership and community service**.



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4. Outcomes of the Special Camp

The seven-day Special Camp provided NSS volunteers with meaningful opportunities to interact with the local community and understand various social, health and civic issues.

The major outcomes of the camp included:

1. Increased awareness regarding the harmful effects of substance abuse.
2. Greater understanding of local electricity-related infrastructure challenges through field survey.
3. Promotion of voting awareness and responsible citizenship.
4. Awareness regarding responsible digital usage and the importance of digital detox.
5. Promotion of healthcare awareness through the Health Camp.
6. Encouragement of creativity and participation among school children.
7. Promotion of cleanliness and environmental responsibility.
8. Strengthening of teamwork, leadership and community-service values among NSS volunteers.

5. Guidance and Support

The Special Camp was conducted under the guidance of **Dr. Trishna Das, Programme Officer, NSS Unit 1**, and **Dr. Basab Das, Programme Coordinator, NSS Cell, Girijananda Chowdhury University**.

Their guidance and coordination contributed significantly to the effective implementation of the various activities conducted during the seven-day camp.

The organizers also express their sincere gratitude to the **management and authorities of Girijananda Chowdhury University, Assam**, for their constant support and encouragement, which played a crucial role in the successful completion of the Special Camp.

6. Conclusion

The **7-Day NSS Special Camp of Unit 1, Girijananda Chowdhury University, Assam**, held from **23rd to 29th March 2026 at Borjhar Village, Kamrup, Assam**, was completed with active participation in a wide range of community-oriented activities.

The camp provided NSS volunteers with practical opportunities to serve the community while developing important values of **social responsibility, leadership, teamwork, civic consciousness and community engagement**.

Through awareness programmes, field surveys, healthcare initiatives, children's activities and cleanliness drives, the Special Camp contributed towards promoting a healthier, more aware and responsible community.

The successful completion of the camp reflects the commitment of NSS Unit 1 towards the principles of **community service, youth development and nation building**.



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Prepared by:

NSS Cell

Girijananda Chowdhury University, Assam





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Guwahati, Assam, India



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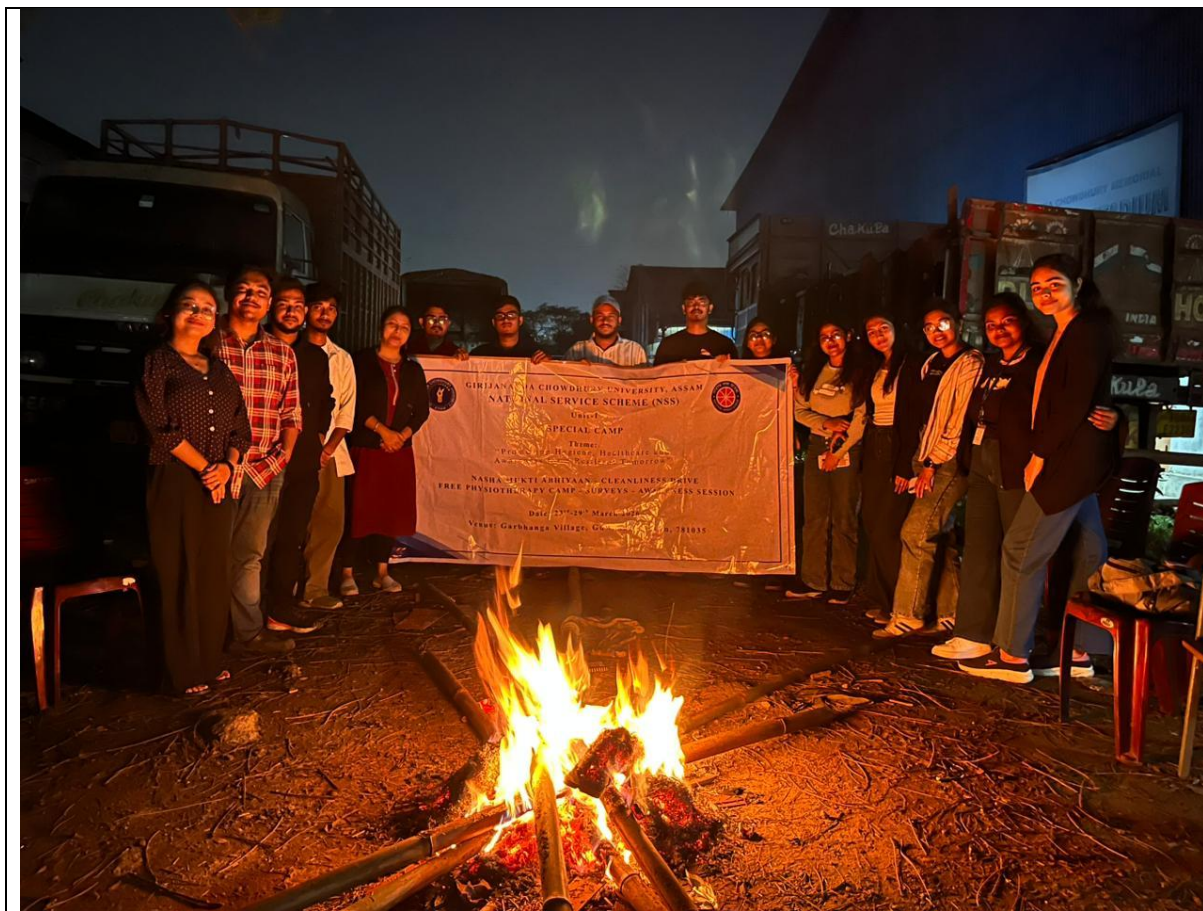
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Geo-Tagging Camera

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GPS Map Camera

Azara, Assam, India

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Note : Captured by GPS Map Camera



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